

## **SUBSTANCE ABUSE RESOURCES**

**THE COUNSELING CENTER AT YORKTOWN HEIGHTS** is the newest program of a growing multi-state company of outpatient addiction treatment centers assisting adults, young adults and adolescents seeking help for addiction and co-occurring disorders associated with substance abuse. The Intensive Outpatient Program (IOP) enables sober and productive living by providing a comprehensive and holistic method to treating the entire individual, not just the symptom. Calls are taken 24/7 and “no call for help goes unanswered!”

914-629-0671 | Fax 914-962-5102 | <https://yorktowncounselingcenter.com/>

Tom Roskin, Outreach Coordinator  
The Counseling Center at Yorktown Heights 2000 Maple Hill  
Yorktown, NY 10598

**FOUR WINDS HOSPITAL** provides inpatient/outpatient mental health services for children, adolescents, and adults. In addition, Four Winds offers outpatient partial hospitalization for children, adolescents, and adults.

1-800-528-6624 | [www.fourwindshospital.com](http://www.fourwindshospital.com)

**MOUNTAINSIDE TREATMENT CENTER** is a nationally acclaimed, alcohol and drug rehabilitation center with Dual Accreditation from CARF & The Joint Commission plus NYS OASAS licensure, providing innovative and comprehensive addiction treatment, for healing –mind, body, and spirit. Focusing on individual needs, weaknesses, and strengths, we teach positive decision making, refusal strategies, and coping skills for maintaining sobriety.

203-219-2800 | [Thea.Ross@mountainside.com](mailto:Thea.Ross@mountainside.com) | [www.mountainside.com](http://www.mountainside.com)

480 North Bedford Rd  
Chappaqua, NY 10514

**WESTCHESTER MEDICAL CENTER HEALTH PPS** was established to participate in NY State’s Delivery System Reform Incentive Payment (DSRIP) program. DSRIP is a Statewide initiative to improve the delivery of healthcare. WMCHHealth PPS is working to create a health care delivery system that is based on carefully planned clinical and social programs that help patients and consumers better manage complex illness. WMCHHealth PPS intends to improve the long-term health and wellness of Medicaid, uninsured, and general populations throughout NY’s Hudson Valley.

914-326-4200 | [www.crho-ny.org](http://www.crho-ny.org) | [crhi@wmchealth.org](mailto:crhi@wmchealth.org)

**Montefiore-Einstein Psychiatry Associates at Montefiore Medical Center and the Albert Einstein College of Medicine** is recognized as one of the best in the nation. It fuses together a unique blend of extraordinary physicians, clinicians and physicians, and exceptional educational and research resources to help patients cope with mental health disorders. The department provides the highest quality care and the safest, most effective solutions to patients of all ages by integrating the latest advances in science and research into new treatment developments. Montefiore has the distinction of being the first health system in New York City to earn a Behavioral Health Distinction from the National Committee for Quality Assurance (NCQA).

(718) 920-4814 | [MEPA@montefiore.org](mailto:MEPA@montefiore.org)